

## Detecting adulteration of honey – $^{13}\text{C}$ analysis with the LC-I



### Introduction

Honey is a naturally sweet substance loved by humans throughout history and is also renowned for its health benefits. Many early civilisations recognised its unique properties; in ancient Egypt, Queen Cleopatra was thought to use mixtures containing honey as part of her beauty regime. Thousands of years later, the demand for honey has risen significantly.

Manuka honey, which is produced by honey bees that feed on the Manuka bush which grows in New Zealand and South Eastern Australia, is highly regarded in the west for its antibacterial and healing properties.

In the Middle East, some honey types are regarded as sacred, including those produced by bees who feed on the Al Sidr tree, as it is mentioned in the Quran as one of the plants found in paradise.

As demand for honey grows, bee populations are in decline, affected badly by intense farming methods, the use of pesticides, ecosystem damage due to climate change, and the effects of war in countries like Yemen which previously had large bee colonies. All of these factors have led to a huge rise in adulteration of honey – mainly by the addition of cheap artificial sugars to the premium product.



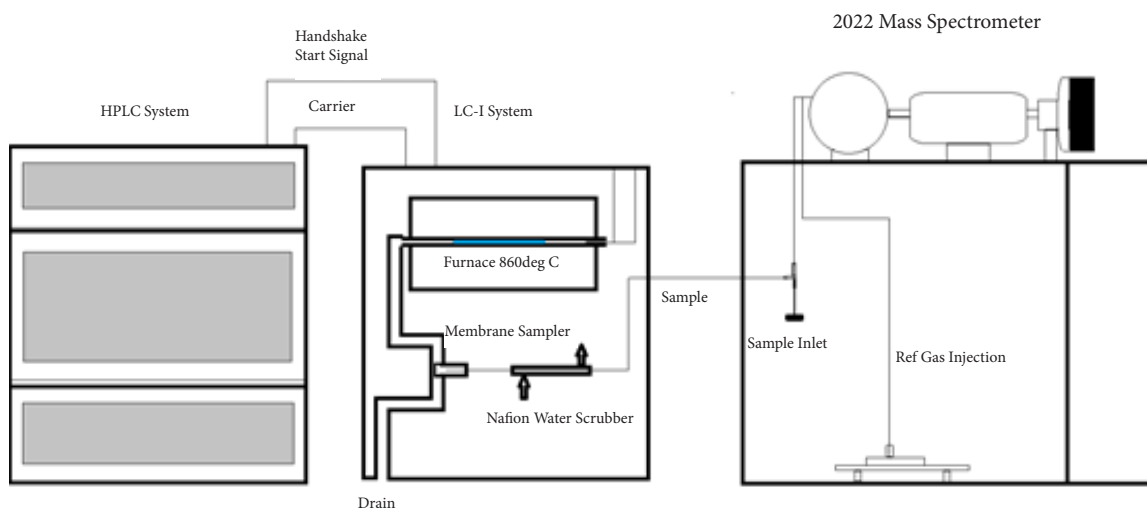
Tests have been developed to detect this adulteration and the SCIRA test has been the industry standard for decades. This test involves placing the honey sample in an elemental analyser (EA) to convert the carbon in the sample into CO<sub>2</sub> and the subsequent analysis of the <sup>13</sup>C ratio via isotope ratio mass spectrometry (IRMS). Adulterers of honey have become wise to the technique and have begun to add sugars which have a similar <sup>13</sup>C ratio.

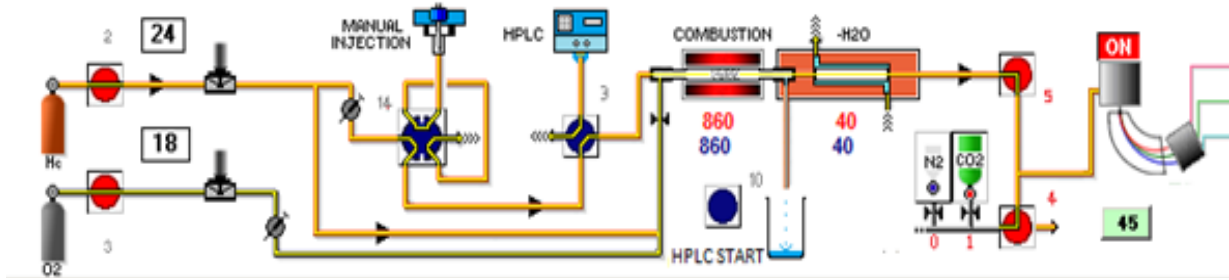
## Materials and methods

The Sercon LC-I interface allows any HPLC system to be connected to the 2022 Mass spectrometer. For this study, samples were injected into an UltiMate 3000 HPLC System. The aqueous solvent containing the separated compounds of interest from the HPLC are passed through a conversion furnace where the organic molecules are combusted, with the use of a catalyst to CO<sub>2</sub>.

Interfacing the IRMS with a high performance liquid chromatography system (HPLC) allows the sugars to be separated prior to analysis and the adulteration of honey to be detected even when sugars of an identical <sup>13</sup>C ratio have been added. Sercon's LC-I is the interface between an HPLC and our high performance 20-22 IRMS. The interface contains a furnace with a catalyst, which combusts the sugars post HPLC separation and transfers the CO<sub>2</sub> produced to the IRMS after purification.

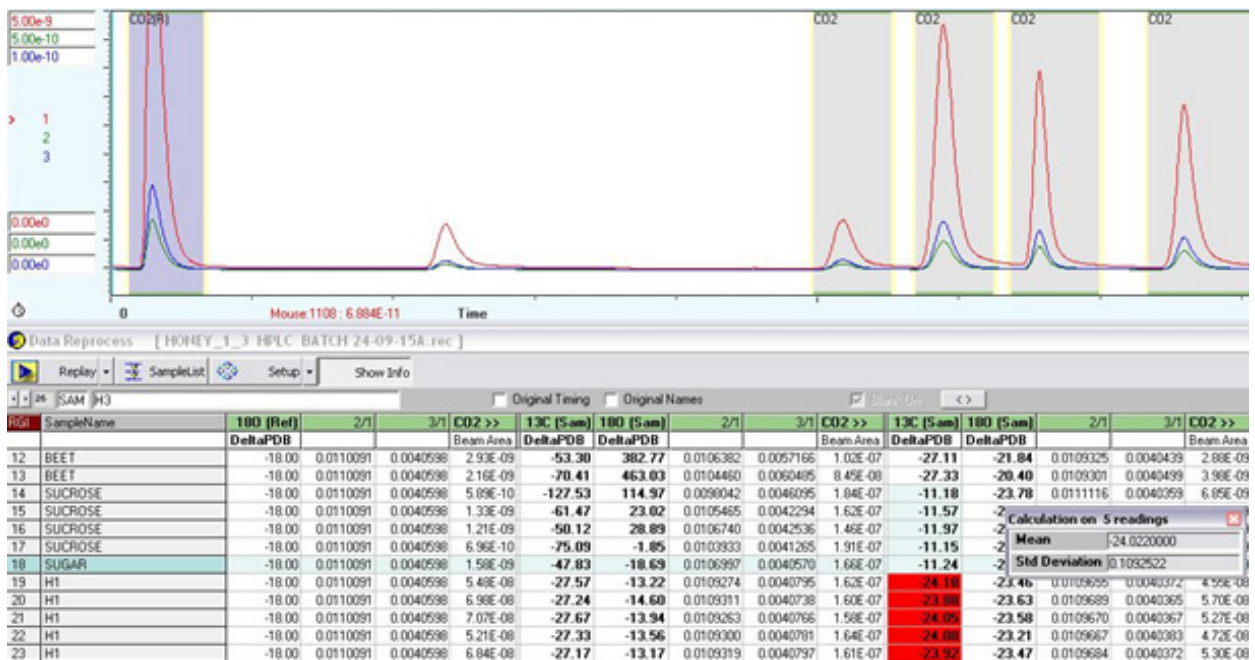
The resulting mixture of steam and CO<sub>2</sub> is cooled and the CO<sub>2</sub> gas sampled across a membrane, the other side of which is connected to the Sercon 2022 IRMS via a Nafion water scrubber. The peaks of interest were then analysed for the <sup>13</sup>C content of each of the compounds, via calibration with the Sercon Calisto software.





## Results

Good separation of the sugars was achieved via the HPLC and precision across 5 replicates of 2 honey samples was  $\leq 0.2\%$ .



## Summary

In order to detect adulteration of honey samples using the isotope ratio of C in sugar, the sugars must be separated prior to IRMS analysis. The Sercon LC-I interface allows the connection of any HPLC with our 20-22 IRMS and the data gives precision of  $\leq 0.2\%$ .

This technique allows researchers to be confident in detecting which honey samples have been adulterated and consumers to be well informed when purchasing this exceptional product.

For more information on this technique and the other application areas in which HPLC-IRMS interfacing may detect adulteration of foodstuffs, please contact [info@sercongroup.com](mailto:info@sercongroup.com).

